Welcome! Increasing Outcomes For Non-responders

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Problem-solving Process

- Aim is to develop a structured process of presenting a case and developing a plan of action that has a chance at remediating the problem or supporting the success of the student
- Steps
 - · Identify and conceptualize the problem
 - Generate solutions
 - Develop a plan that outlines who does what by when
 - Implement the plan
 - Monitor progress and evaluate plan effectiveness

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Game Plan

- Review of Tier 2 non responders
- Review of Tier 3 non responders
- How do we establish measurable goals for our students who have behavior challenges?
- How do we as a team problem solve non-responders?
- Non-solution cautions
- Practice with your cases (or mine)

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Problems w/ Typical Teaming Practices

- Problem admiration rather than problem solving
- Non-relevant for decision making reflections: Garbage in garbage out
- Mixing theoretical paradigms when developing a plan
- Unstructured teaming process
 - No agenda, no roles and responsibilities

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Problem-Solving Non-Responsive Students within Tier 2

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Tier 2 Non Responder Questions

- Was the problem one of fidelity?
 - This is not a non responder, achieve fidelity before proceeding
- Was the problem potentially a flawed Tier 1?
 - Conduct a Tier One Check up and alter contextual fit of student to environment
- Was the problem one of a poor match of student to intervention?
 - Revisit SIM and select alternative Tier 2 intervention
- Was the problem one of too low a pay off for change?
 - Evaluate reinforcement selected and alter power, frequency, variety or immediacy
- If non of the above were present, move to Tier 3 intervention, selecting one of three options

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Precursor Thinking

- How do we know it isn't working?
 - Did we establish a baseline?
 - What was our progress monitoring tool?
 - Did it produce data to evaluate?
 - Are we sure the intervention was done with fidelity?
- What was our goal?
 - How do we know it wasn't achieved?
 - Was our goal set too high or too low?
- If errors
 - Select a PM tool and collect data more frequently or thoroughly
 - Write a measurable goal using provided sheets

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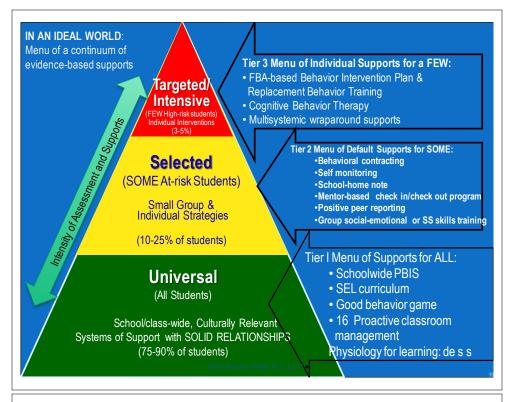
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Tier 3 Selection of Intervention

- Choose a BIP and conduct an FBA: If the behavior is hypothesized to be "socially mediated" and calculated by the student i.e., purposefully chosen, to get an outcome:
 - 1. to get something
 - 2. to escape/avoid something
- Choose CBT counseling/therapy protocol: If the behavior is emotionally driven, often due to toxic stress exposure. This spontaneous behavior is due to an internal escape triggered by an environmental event
- Choose wrap around and family/agency involvement: If storm and stress in the home requires comprehensive home supports

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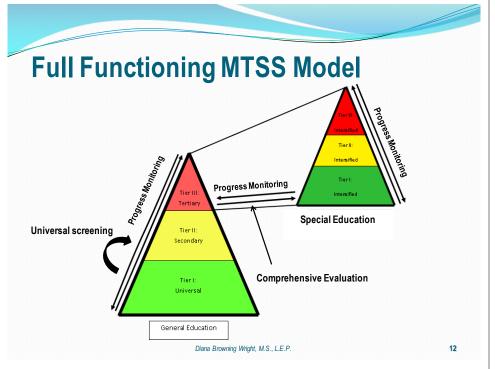
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Medical Analogy

- Managing diabetes
 - Multiple tiers of support
 - Tier one-diet, exercise, weight & stress management
 - Tier two-oral medications & tier one
 - Tier three-insulin with Tier one, may/maynot have medication as well
- "Medical necessity"
 - Dictates the need for more intensive services.
 - Must demonstrates that less intensive services were not effective

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Ways To Conceptualize Problems And Generate Solutions

- Problems continue when the demands from the environment exceed the student's skills and/or motivation
 - Cant do versus won't do
- Emotionally-driven or behaviorally-drive problem?
- Student need, host environment need or both
 - Determine where to focus the supports

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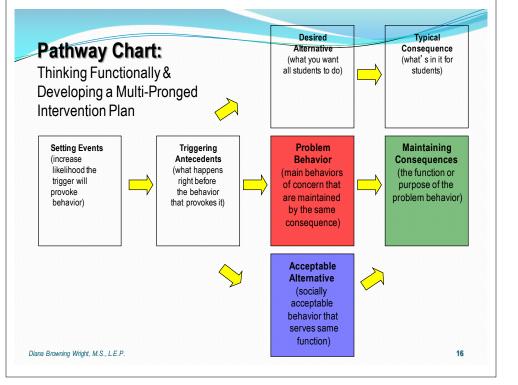
Ways To Conceptualize Problems And Generate Solutions

- Fracture in foundational supports
 - Quality of relationships with adults is impaired
 - Ineffective implementation of Tier 1 supports (e.g., proactive classroom management, PBIS, effective instruction, etc.)
- Storm & stress in home life requires stability, compassion, & effort from school

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Creating The Pathway Chart Using The FBA Is the behavior Socially Mediated?



Developing Goals

Goal Writing

- Goal Setting:
 - By when,
 - Who,
 - Will do what ? (skill or behavior),
 - Under what conditions?
 - At what level of proficiency? (criterion),
 - As measured by what ? (scale)
 - Completed by who ? (rater)

See goal writing exercise

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Typical Behavior Plan Problems

- Uh oh, We never fully implemented
- The classroom environment is not effective for this student (and sometimes for many)
- We forgot weekly Replacement Behavior Training
- The selected reinforcers weren't reinforcing!
- The payoff for the problem behavior is greater than the payoff for the replacement behavior
- The problem behavior is easier to do

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Examining The Service Is The Behavior

Is The Behavior Truly An Emotional Response?

Helping Students Manage Emotions

Situation
(thought & emotionprovoking event)

Thoughts &
Meaning Making

Reaction
(Emotional, Behavioral
& Physiological)

Consequences
(Perceived and actual)

CBT STRATEGIES

Awareness of triggers/reactions to triggers & Exposure activities

Cognitive restructuring or noticing (identifying unhelpful thoughts & spinning them to be helpful)

Teaching skills: relaxation, coping, problem-solving, mindfulness, attention training

Contingency management & reactive strategies (de-escalation, collaborative problem solving)

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Problems With Counseling/Therapy Service

- Treatment selected was not Cognitive Behavioral Therapy
- Rapport problems with clinician/student match
- Student buy-in not achieved
- No skill prompting in environment
- No partnership with parent

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Considering "Shortening the Day"?

- Shortening the Day is full of problems
 (See attached article on legal issues related to shortened day)
 - This may result in avoidance of "child find" obligations for students with and without IEP
 - •Removing an education does not improve outcomes in social emotional development
 - Interventions, services and correct environments (LRE) do improve outcomes for students with social/emotional behavioral challenges

Child Find and LRE/FAPE Triggers

- If no response to tier 3, and student does not have an IEP, lack
 of response is triggering a need for a comprehensive evaluation
 to determine if the student has an emotional disturbance per Ed
 Code
- If no response and student has an IEP, a need for a comprehensive evaluation to determine LRE and what constitutes FAPE is triggered as well as a child find to assess in "all areas of suspected disability"

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Case Review Process Practice see data form

- Identify and conceptualize the problem
- Generate solutions
- Develop a plan that outlines who does what by when

Later:

- Implement the plan
- Monitor progress and evaluate plan effectiveness

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For All You Do!

- For all the students and staff who struggle with poorly understood behavior,
- For all your efforts to alter the resilience of students

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